

# Pat Carroll



## Online Running Coach

Hi Greg,

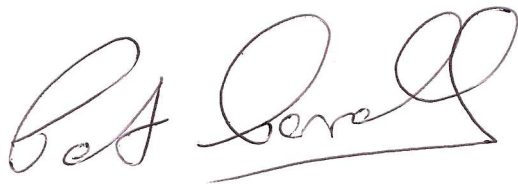
Sue contacted me and it has been arranged that I will be your personal online running coach for a 24 week period. At your convenience can you please forward all of your relevant details to me via the following online form:

<http://www.patcarroll.com.au/signup2.htm> .

Possibly you're not ready to commence your next campaign and if this is the case I totally understand. Please feel free to take up this offer at any time during the next 12 months. There's no pressure to sign up immediately.

I'm looking forward to working with you Susan and helping you achieve your goals.

Cheers



Pat Carroll  
Online Running Coach  
[www.PatCarrollOnline.com](http://www.PatCarrollOnline.com)

Voucher No. 340  
**Expires Feb 2011**